

Breakfast in the Classroom

Service Beginning: _____

Dear Parents,

Beginning on _____, our school will be participating in an innovative new program called "Breakfast in the Classroom." Just as the name implies, breakfast will be served to each student right in the classroom! All students will have an opportunity during the first 10 minutes of class to eat breakfast with their classmates and obtain the fuel needed to get through the morning ready to learn. Breakfast is provided at NO CHARGE and participation is strictly voluntary. The new program replaces our breakfast service. Therefore, _____ is the last day of regular breakfast service.

Why Breakfast in the Classroom?

- ❖ Recent studies have shown that when schools provide an in-classroom breakfast or a grab 'n go type of meal, their students will:
 - ✓ Increase their academic performance
 - ✓ Decrease absenteeism and tardiness
 - ✓ Increase their attention span and focus
 - ✓ Reduce their visits to the nurse because of hunger
- ❖ The Superintendent and the LAUSD Board of Education are committed to providing students and schools with resources that will help achieve academic success. Breakfast in the Classroom has assisted students in New York City, Houston, Chicago, Cincinnati, Washington, DC, Boston, San Diego, Compton and many other communities. We want to ensure every student in LAUSD starts the day ready to learn.

[When Breakfast in the Classroom is served, every student is
able to start the school day ready to learn!]

How does it work?

- ❖ Each day, breakfasts are packaged in insulated bags and labeled by classroom. Student monitors roll the bags to their classroom. Each student will take his/her own complete meal. Students eat while the teacher takes morning roll, reviews previously assigned work and reads announcements. This normally takes about ten minutes. Trash is put into a trash can inside their classroom. Students tie off the bag, leave it in the trash can and place it outside the classroom. Students return the rolling insulated bags to the kitchen. No food is left inside the classroom.

What foods are served in Breakfast in the Classroom?

- ❖ Milk is served daily.
- ❖ Entrées are nourishing and easy to eat quickly and include popular breakfast items such as cold cereal or yogurt and crackers and hot entrée such as a breakfast burrito or breakfast sandwich will be served. Café LA menus are available at: [LAUSD - Home | Yumyummi](#)
- ❖ If your child requires a special diet to be followed per doctor's orders, a form can be filled out and arrangements made to address your child's needs. Forms are available at: [Nutritional Information and Special Diets \(lausd.org\)](#)

Please note, if you do not want your child to participate, they do not have to eat the school breakfast provided. Let your teacher know that you do not want your child to participate. Share this exciting news with your child and be ready on _____ for the start of this new program! If you have any questions, please feel free to call us at _____. Thank you for your support!

Sincerely,